

How to get the right balance “My eatwell plate”



Visit <http://www.docstoc.com/docs/117546655/7b-What-is-eatwell-plate>

Task

- Do a eatwell plate: you have to design your own eatwell plate using usual food in your homes. You can use computer, a picture, a real eatwell plate or the materials you choose.
- You will show your eatwell plate in class explaining why you have decided to include the different types of food.
- You can work in pairs or individually.

Material

You can use the computer, documents, Science book, advisors from your parents....

...And Finally

The teacher of Science and the teachers of Cooking (PCPI) will choose the “best eatwell plate” and the students of cooking will offer and make this menu to the costumers. **The winner will enjoy the free menu.**

Evaluation

- Scientific information..... 40% (Contents. Apply scientific knowledge, use explanatory models)
- Presentation..... 20% (Inclusion of photos and documents)
- Oral exposition (by heart)..... 40% (Vocabulary, pronunciation and oral expression)